

Alpharetta Johns Creek 10305 Medlock Br Rd Re-opening soon t770-622-0222 www.getfreshbread.com

Baker's weekly choices published online & email Living Lite - Low calorie, low carb

DAILY BAKES

CHONEY Whole Wheat - 5 ingredients! Farmhouse White

Oakota - nutritious seeds adds great texture Cinnamon Swirl - customer favorite! Tootie Frootie Swirl- berries & white choc Rolls - Virginia /Honey Whe63at / savory Calzone - Pepperoni Pesto Parm (n) OR Veg Cinnamon Roll (w/ frosting)

Pumpkin Choc Chip - teacake/ muffin

Low-Fat Fruit Explosion Muffin

Cinnamon Chip Cream Cheese Scone

Dillon Cookie - oatmeal choc chip Sugar Frosted Cookie

Savannah Bar - fruit n' oat cobbler Chocolate Bar

Lemon Bar Bread Pudding Bar

Energy Bar (n) / Harvest Bar

Biscotti - various flavors

Shortbread Cake Log w/ cream cheese

Gluten Free-Bread, Cake/Muffin, Scone

MONDAY

High5 Fiber - fibrous flax filled w/ seeds Sourdough & Sourdough Cheese Multigrain Sourdough - Cinn Raisin Walnut Living Lite - Low calorie, low carb Hot Cross Buns Chocolate Scone 😭

- Vegan Muffin Lemon Blueberry Oatmeal Raisin Cookie
- **GF GLUTEN FREE Plain Bread**

Made with freshly milled whole grain flour for best nutrition, flavor & texture

TUESDAY Baguette

Italian / Country French

Cinnamon Chip -toaster/french toast ready Spelt (Organic) - lower in gluten Spinach Feta

Seeded Bran Muffin (low-fat) 🗑 Lemon Blueberry Teacake

Peanut Butter Cookie GLUTEN FREE - Cinnamon Chip Scone

WEDNESDAY

Savory Roll

Sourdough - European style, 21yr starter Savory Sourdough 🗑 Sprouted Wheat (Ezekiel) - 5day sprout Morning Glory- carrot, raisin, walnut, coconut Oat Scone 👾 **Chocolate Bliss Cookie** GFGLUTEN FREE - Pumpkin Choc cake/muffins

THURSDAY

Sourdough

- Wholegrain Seeded Sourdough Savory Specialty Bread 👻 Lemon Sunburst with cookie crust
- Rye (ON DEMAND) marble/savory Vegan Goodie 👻
- Blueberry Cream Cheese Scone **Cinnamon Swirl Teacake GF GLUTEN FREE - Almond cookies**

FRIDAY

Sourdough - European style, 21yr starter Sourdough - Chunky Cheese Medley Civing Lite - Low calorie, low carb **Cinnamon Chip** -toaster/french toast ready Challah - brioche-like braided bread Apple Scrapple - dates w/ cookie topping Seasonal Teacake 👻 Seasonal Scone 😭 Health Nut - seeds and nuts (n)

- Oatmeal Raisin Cookie Dakota Seed Date low-fat muffin
- Savory Biscuit 🗑

SATURDAY

Sourdough - European style, 21yr starter Sourdough - Chunky Cheese Medley Blueberry C/cheese Scone 🗑 **Savory Roll** - for brunch or on-the-go **Pretzels** - Bavarian-style soft 'n salty

GF Gluten Free - not recommended for severe gluten intolerance.



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Lemon Blueberry Teacake Peanut Butter Cookie **GLUTEN FREE - Cinnamon Chip Scone**

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