



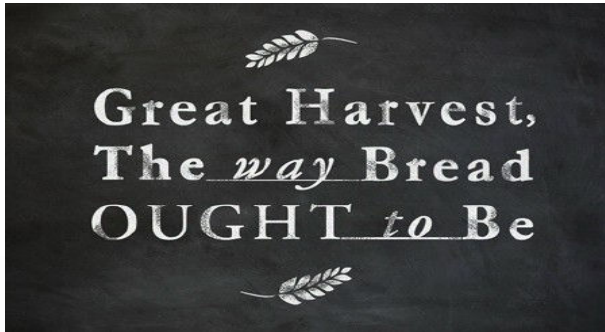
# Great Harvest Bread Co.®

10305 Medlock Bridge Road  
Johns Creek, GA 30097  
770-622-0222 f/770-622-0100

SEPTEMBER

[WWW.GETFRESHBREAD.COM](http://WWW.GETFRESHBREAD.COM)

4915 Windward Parkway  
Alpharetta, GA 30005  
678-209-2229 f/678-209-2292



## AUTUMN APPLE BREAKFAST BREAD

*Blended of wheat flour, buttermilk, honey, dried apples, golden raisins, roasted sunflowers, nutmeg, maple syrup, oats. Great for breakfast!*

*(Wednesday & Saturday)*

## GRANNY'S APPLE TEACAKE

*Granny would be proud of her moist and delicious teacake made with buttermilk, apple-sauce, cinnamon, roasted pecans. (Tuesday & Thursday)*



Great Harvest has been baking bread the way it ought to be from the beginning, and we still believe in our phenomenal bread-making process. We still believe in using **PURE, SIMPLE INGREDIENTS**. We still bake everything from scratch. And we still fresh mill our 100% whole grain flour everyday. **BAKING FROM SCRATCH** was the norm for our great-grandparents. They were concerned about food tasting great and **NOURISHING THEIR FAMILY'S BODIES**. So is Great Harvest. As generations have passed on, our world has turned to cheaper, easier, less time-consuming methods of preparing food and has removed the handmade, healthy element of baking and cooking. Not Great Harvest.

**WE DON'T RUSH IT!** We still believe in our elaborately long, traditional methods of bread making because it naturally develops an exquisite flavor and texture with time, instead of relying on the use of additives. ( We use natural fermentations, no oils, lethicin, dough Conditioners, stabilizers preservatives and at-tives. ) Over the years, we have been able to adapt to the wants and needs of our customers and **can offer great-tasting products fit for many diets**, but since the inception of our bread-making business, one thing is still for certain – **Great Harvest bread is truly one-of-a-kind. It's simple.** Handmade. Whole-some. Tasty. It's the way bread ought to be!

## APPLE SCRAPPLE

*Loaded with big chunks of Granny Smith apples! Apple Scrapple is a melt in your mouth loaf topped with a cookie crumb crust. (Wednesday & Friday)*



## CARAMEL APPLE

*This light wheat bread is filled with apples, Carmel pieces, and topped with crushed graham crackers.*

*(Monday, Thursday & Saturday)*

*Store Hours: Monday-Friday 7am - 6:30pm, Saturday 7am - 5:30pm Hot fresh bread by 11am Full selection and ALL ORDERS AVAILABLE BY 12:30 PM Sandwiches 7am-6pm Our Alpharetta store is open 9-6:30 pm Mondays only*

# SEPTEMBER BREADS

*Daily Bread*: Honey Wheat, Honey Wheat Rolls, Honey White, White Cinnamon Swirl, **DAKOTA**, Calzones ( Walnut Pesto -Pepperoni), **LIVING LITE**

## MONDAY

**WHOLE GRAIN BREADS**  
 High 5 (highest fiber)  
 Morning Glory  
**OTHER VARIETIES**  
 Sourdough  
 Caramel Apple  
 Berry White Teacake



## THURSDAY

**WHOLE GRAIN BREADS**  
 Quinoa Crunch  
 (Ancient grain, Spelt lower gluten)  
 Living Lite Crunch  
 Caramel Apple  
**OTHER VARIETIES**  
 Cheddar Garlic  
 Cheddar Garlic Jalapeno  
 Gluten Free **Banana Nut**  
 French Baguette  
 Country French  
 Granny's Apple



## TUESDAY

**WHOLE GRAIN BREADS**  
 Quinoa Crunch  
 (Ancient grain & Spelt, lower gluten)  
 Maple Walnut Swirl  
**OTHER VARIETIES**  
 Cheddar Garlic  
 Cheddar Garlic Jalapeno  
 Gluten Free Plain  
 French Baguette  
 Country French  
 Granny's Apple Teacake

## FRIDAY

**WHOLE GRAIN BREADS**  
 Woodstock ( Nut & Seed )  
 Maple Walnut Swirl  
**OTHER VARIETIES**  
 Sourdough  
 Margherita Sourdough  
 -(ricotta, sun dried tomato & fresh basil )  
 Cinnamon Chip  
 Challah  
 Apple Scrapple  
 Pumpkin Chocolate

## WEDNESDAY

**WHOLE GRAIN BREADS**  
 Sprouted Wheat (Ezekiel )  
 ( Take 5 Days to sprout )  
**OTHER VARIETIES**  
 Autumn Apple Breakfast Bread  
 Apple Scrapple  
 Margherita Sourdough  
 ( ricotta, sun dried tomato & fresh basil )  
 Sourdough  
 Pumpkin Chocolate Teacake



## SATURDAY

Caramel Apple  
**OTHER VARIETIES**  
 Autumn Apple Breakfast Bread  
 French Baguette  
 Country French  
 Berry White Teacake

**Fresh Sandwiches Served:**  
 Monday - Saturday,  
 7 a.m. - 6 p.m. Hot till 5  
 Try our breakfast sandwiches

Great Harvest,  
 The way Bread  
 OUGHT to Be

### ARE ORDERS NECESSARY?

Orders are not necessary, but we definitely encourage them. They help us plan our baking amounts, and ensure you get what you want, especially before holidays.

**Crown Challah**  
 Also w/ raisins  
**SEPTEMBER 18-21**  
 Pre-order!



# SEPTEMBER GOODIES

## LOW-FAT MUFFINS

(MON, WED, FRI)  
 Blueberry & Apple  
 Dakota Date  
 (TUE & THU)  
 Apple Carrot Walnut  
 Fruit Explosion

## SCONE

(DAILY)  
 Cinnamon Chip  
 (MON & FRI)

Berry-Apple Oatmeal  
 Sourdough Biscuits



## COOKIES

(DAILY)  
 Dillon  
 Snickerdoodles  
 (TUE & THU)  
 Oatmeal Raisin  
 (WED & FRI)  
 Peanut Butter  
 Chocolate

## BARS

(MON & THURS)  
 Double Fudge Brownie  
 ( try our mix in lobby )  
 (WED & FRI)  
 Kahuna Bars

## GLUTEN FREE SWEET BAR

(TUES & THURS)  
 Almond Cookie  
**DAILY**  
 Savannah Bars  
 Cinnamon Rolls

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